



LEWY BODY DEMENTIA  
RESOURCE CENTER  
BRINGING AWARENESS, SUPPORTING WITH LOVE

**JUNE, 2020**

Dear LBDRC Friends and Caregivers,

*"It's not how much we give but how much love we put into giving."* - Mother Teresa

As summer approaches, many of our current circumstances have still not changed. We hope the information below will help to brighten your days.

## **ENJOYMENT FROM HOME**

**Chamber Music Northwest** - Many summer concerts like this one from are going virtual so you can safely enjoy them from home:

<https://cmnw.org/concerts-tickets/virtual-summer-festival>

**Your Free Ticket To Broadway** - Wondering when you'll be able to take in a Broadway show again? Theater? How about now?

<https://westchesterseniorvoice.com/home-relationships/living/your-free-ticket-to-broadway.html>

## **50 Classic Books Everyone Should Read in Their Lifetime**

[https://www.southernliving.com/culture/best-classic-books?fbclid=IwAR19RthBSux3LtlIIUNd9Gzc0ChNm1up88BIEBk49vD\\_h0uIHMHNV\\_8dF9M](https://www.southernliving.com/culture/best-classic-books?fbclid=IwAR19RthBSux3LtlIIUNd9Gzc0ChNm1up88BIEBk49vD_h0uIHMHNV_8dF9M)

## HELPFUL INFORMATION

**SUNDOWNING:** What it is and how you can help

<https://lewybodyresourcecenter.org/sundowning-what-it-is-and-how-you-can-help/>

**GERIATRICIANS:** Why they are essential for older individuals

<https://lewybodyresourcecenter.org/why-geriatricians-are-essential-for-older-individuals/>

**DOGS AND CATS:** BEAUTIFUL 3 MINUTE VIDEO

[https://www.youtube.com/watch?v=Q8jAK0nl\\_mg](https://www.youtube.com/watch?v=Q8jAK0nl_mg)

Please know we are here for you via phone and email. As a reminder, all support groups will take place via Zoom or conference calls until further notice. Our helpline is available from 8am to 8pm EST seven days per week at 516-218-2026.

Warm regards to all,

Norma

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