



LEWY BODY DEMENTIA
RESOURCE CENTER
BRINGING AWARENESS, SUPPORTING WITH LOVE

OCTOBER, 2020

Dear LBDRC Friends and Caregivers,

We hope everyone is doing the best they can under the current circumstances, while hopefully enjoying special moments. Please know we are here to help you through our support groups, our website at www.lewybodyresourcecenter.org, and our helpline at 516-218-2026 from 8am to 8pm EST seven days a week.

HELPFUL INFORMATION

WEDNESDAY, OCTOBER 28TH - As previously advised, we have a **Special Lewy Body Talk and Q&A with Dr. Leon Meyton**, Movement Disorder Neurologist from Hartford Healthcare in Stamford, Connecticut. It is scheduled from 11:30 am to 1:00 pm. Dr. Meyton will give an overview of LBD, share what is important to know regardless of the stage, and talk about what medications to avoid. We will also have time for Q&A. Please let me know if you would like to join this zoom presentation and I will send you the link.

LBD IN THE NEWS!

A huge thank you to **AARP's** Tim Appelo for spreading awareness about LBD and *Robin's Wish* in this extensive, important article! It covers the toll of LBD, the film about Robin Williams, and personal aspects of LBDRC Founder Norma Loeb's journey with her mother who had LBD.

<https://www.aarp.org/entertainment/movies-for-grownups/info-2020/robin-williams-lewy-body-dementia.html> _

MUSIC

LIVE WITH CARNEGIE HALL - Music has the undeniable power to comfort, uplift, connect, and inspire. In response to this unprecedented time, we invite you to join *Live with Carnegie Hall*. Tune in for unforgettable episodes that feature some of the world's finest artists as they share behind-the-scenes stories, excerpts from past performances, and live musical moments. Free live streams and archived episodes can be viewed on this page, as well as on the Hall's [Facebook](#) and [YouTube](#) pages, where audiences are also invited to join the conversation.

<https://www.carnegiehall.org/Explore/Watch-and-Listen/Live-with-Carnegie-Hall?sourceCode=31887&gclid=Cj0KCQjw59n8BRD2ARIsAAmgPmJAb8QYsEDIUpuUno6AHAUH>

[YnwGrFE1zDFQj-TNUbe-152w8ksuCbMaAuGLEALw_wcB#Upcoming](https://www.mountsinai.org/care/palliative-care/faq)

EQUIPMENT AVAILABLE

PATIENT (HOYER) LIFT - brand new - never used. Top of the line. Available for purchase at lower price. Will need to arrange pick-up on Upper West Side. Please email norma@lbdny.org if interested and we'll connect you with the family.

PALLIATIVE CARE

Mount Sinai Palliative Care offers medical care providers who add another layer of support regardless of age, disease stage, or prognosis. Central to our care is communicating and coordinating your treatment options. Their palliative care teams include: palliative medicine specialist physicians, nurse practitioners, social workers, chaplains, registered nurses, physicians receiving additional training in palliative medicine (post-graduate fellows) licensed massage therapists, yoga specialists, art therapists, and child-life therapists. The Hertzberg Institute provides an active and expanding community palliative care program as well as a dedicated inpatient units and consultation teams throughout New York City. They have a dedicated palliative care unit and offer outpatient and palliative care and supportive oncology teams at Mount Sinai-Union Square and The Blavatnik Family-Chelsea Medical Center. Mount Sinai West and Mount Sinai St. Luke's offer inpatient services including chaplaincy and music, pet, and art therapy. Their consultations typically cover: Close communication; Expert treatment of pain and other distressing symptoms such as breathlessness or nausea; Help navigating the health care system; Guidance with difficult and complex treatment choices; Emotional and spiritual support for you and your family.

You can request a consult by speaking with your doctor or by calling their 24-hour pager at 212-241-1300 extension 9399.

Palliative Care FAQs: <https://www.mountsinai.org/care/palliative-care/faq>

Locations and Contact Numbers: <https://www.mountsinai.org/care/palliative-care/locations>

Recommended Resource: www.GetPalliativeCare.org – our national palliative care informational site for patients and families.

Warm regards to all,

Norma

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